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PARENT INFORMATION CENTER OF DELAWARE

INDIVIDUALIZED FAMILY SERVICE PLAN (IFSP) FOR INFANTS AND TODDLERS WITH DISABILITIES

AT A GLANCE

Eligible infants and toddlers with disabilities, aged birth to three, can receive early intervention supports and services to address their unique developmental needs. Their families can also receive early intervention supports and services so they can build their abilities to support their child's development and advocate for services to meet their child's unique needs.

The IFSP is the individualized plan, developed by a team that includes the parent and early intervention services professionals, that lays out the services the child and family will receive in order to meet the child's and family's unique needs.

WHAT IS AN INDIVIDUALIZED FAMILY SERVICE PLAN (IFSP)?

An IFSP is a written plan, or blue print, for providing early intervention supports and services to an eligible infant or toddler with disabilities, and the child's family, to meet their unique needs.

WHAT MUST BE INCLUDED IN A CHILD'S IFSP?

- Child's current levels of development
- Family's resources, priorities, and concerns related to their child's development (if parents agree to include this information)
- The results or outcomes to be achieved
- The early intervention supports and services the child and family will receive
- Where the child and family will receive those supports and services
- Transition plan as the child approaches age three

PIC is a statewide non-profit organization with a mission to improve health and educational outcomes for children and youth by empowering them, their families and the professionals who serve them. For more information visit www.picofdel.org or call 302-999-7394





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WHO MUST BE INCLUDED ON THE TEAM THAT DEVELOPS, AND PERIODICALLY REVIEWS, THE IFSP?

- The parent(s)
- Service coordinator (designated by CDW) who will be responsible for implementing the IFSP
- A person directly responsible for conducting the evaluation and assessment
- As appropriate, individuals who will be providing early intervention supports and services to the child or family
- At parent request, an advocate or person outside the family

WHAT ARE SOME OF THE MOST COMMON EARLY INTERVENTION SUPPORTS AND SERVICES?

- Supports and services for families, including service coordination, family training, counseling, home visits, social work services, and transportation
- Special instruction/Early Childhood Education
- Intervention services such as physical therapy, occupational therapy, and speech-language pathology
- Medical services (only for diagnosis/evaluation) and nutrition, and health services
- Audiology, sign language, and cued speech
- Vision services

FOR ADDITIONAL INFORMATION ABOUT IFSPs AND EARLY INTERVENTION SERVICES

Child Development Watch

<https://dhss.delaware.gov/dph/chs/chscdw.html>

New Castle Office: (302) 283-7240

Kent & Sussex Office: (302) 424-7300

Department of Health and Social Services, Birth to Three

<https://www.dhss.delaware.gov/dhss/dms/epqc/birth3/directry.html>

Early Childhood Technical Assistance Center

<http://ectacenter.org/families.asp>

Parent Information Center of Delaware

<https://picofdel.org/>

Office: (302) 999-7394

Center for Parent Information and Resources

<https://www.parentcenterhub.org/ei-overview>